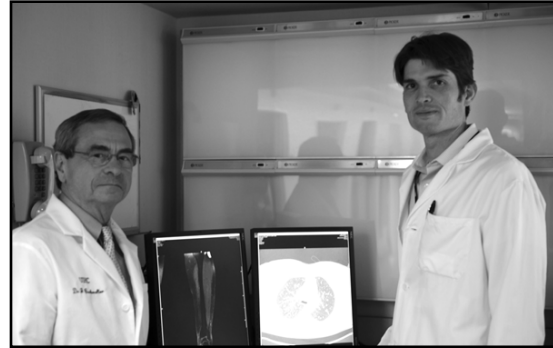


HONORARY PANEL

Dr. Joseph Buckwalter

Seth Bailey, a young man and patient of mine with great promise and exceptional warmth and fortitude, was one of those individuals. I can think of no more appropriate memorial to Seth than The Courage Ride and its increasing support for advancing cancer study.

As a 30-year veteran in cancer study, Dr. Joseph A. Buckwalter is professor and chairman of Orthopaedics and Rehabilitation and the Arthur Steindler Chair of Orthopaedics at the UIHC. He has held positions at the American Academy of Orthopaedic Surgeons Council on Research and the Orthopaedic Research Society, the American Board of Orthopaedic Surgery, and the American Orthopaedic Association. He has authored or edited more than 500 scholarly publications and is a member of the Royal College of Surgeons of Edinburgh, the Institute of Medicine, and the National Academies of Science.



Ben Miller is an Iowa native who returns to the UIHC after completion of orthopaedic and oncology training in Chicago and Florida. Honored to be part of this worthy cause, Dr. Miller works hard to make advances in the fight against sarcoma.

Dr. Mohammed Milhem

Research is the only tool we have to increase our understanding of this disease. Partnering with the Courage Ride and helping to fund research allows us to unite and create first-rate cancer care through innovative ideas. Your contribution makes a difference in the lives of the patients that my team treats. Courage Ride sponsors, riders, patients and families and the medical team will work together for one day as partners in the cure for cancer. Let us unite!



Mohammed Milhem, M.B.B.S., is Assistant Professor at the University of Iowa Hospital and Clinics and Medical Director for Inpatient Oncology services, Assistant Director for Multidisciplinary Clinical Research and board certified in the area of melanoma and sarcoma.

Abbey Almelien Banh

at age 32 lives in Iowa City currently battling cancer. In July, 2008, she was diagnosed with a type of sarcoma called Malignant Peripheral Nerve Sheath Tumor (MPNST). In September, 2008, she had her right leg and hip amputated to try and beat the disease. By the end of 2008, they found it had spread to her heart and lungs. In the past two years, Abbey underwent four rounds of radiation, three rounds of chemotherapy, an excision of a tumor on her scalp, and brain surgery. This year she is undergoing chemotherapy to slow the progression and extend her life. Abbey remains very positive and with the support of her family and many friends, she is far from alone.

The Courage Ride is dedicated to improving the lives of people living with cancer by raising money to fund research into sarcoma and other cancers at Holden Comprehensive Cancer Center at University of Iowa Health Care.

The Courage Ride

PO Box 5764

Coralville, IA 52241

**Honoring the
Courage of**

Seth A. Bailey

www.courageride.org

HONORING THE COURAGE
OF SETH BAILEY

COURAGE RIDE
2011



Saturday, August 27, 2011

Registration starts at 6 a.m.

Iowa Mennonite School

1421- 540th St. SW, Kalona, IA 52247

just 15 miles southwest of Iowa City

**All proceeds benefit cancer research at
Holden Comprehensive Cancer Center, University of Iowa**

www.courageride.org

Join Bicyclists of Iowa City and the Bailey family as we raise funds to improve the lives of people living with cancer.



Sponsors:

Mark and
Mary Ellen Stinski



Mechanical Support
provided by World of Bikes

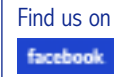
Live Music by Banjoy
www.banjoy.com
and Reverbnation
www.reverbnation.com/icflannel

EXPERIENCE IT!

Join us as we pedal over gentle rolling hills leading us past Amish homesteads and over old stagecoach routes. Stop at our one-of-a-kind rest stops featuring delicious food and friendliness served by dedicated volunteers. Choose a relaxed or challenging route. Bring your family and friends! Free grass camping is available on the Iowa Mennonite School (IMS) grounds.

Rider registration includes:

- o 1 ticket to Dad's Belgian Waffle Breakfast
- o Hot showers at the school
- o Lunch and rest stops
- o Socks
- o Detailed route map
- o SAG support



Non-riders will have available for purchase:

- o Dad's Belgian Waffle Breakfast, \$7 per ticket
- o Silent auction 6:00 a.m.–4:00 p.m.



Seth Andrew Bailey

As a junior at Iowa Mennonite High School in 1995, Seth Bailey was passionate about sports. He was surprised when a sore leg turned into something serious. A diagnosis of soft-tissue synovial sarcoma cancer came as a shock

to all who knew Seth. His family and friends rallied around him during recovery. His best chance at defeating cancer was through an amputation of his right leg. Courageously and with a prosthesis, Seth returned to the sports he loved and played varsity basketball. Just five years after cancer first appeared in his life, it returned to his lungs and chest.

Seth endured a year of chemotherapy and radiation. Although cancer was a part of Seth's life, it didn't define it. His courage and determination led him to become an intern for the U. S. Olympic Committee in 2002. He continued as an athlete and trained as a swimmer hoping to one day compete in the Paralympics.

In November 2002 more cancerous tumors were found in and around his lungs. Seth died in October 2003 after a heroic fight to live. All who knew him remember his courage.

SIGN UP!

One registration per form. Form may be duplicated.

Last Name: _____

First Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Age: _____ (under 18, needs parental signature)

Phone No: _____

Email: _____

Best way to keep posted.

Sock Size: One pair per rider. Check size:

Men Small/Med 7–9 ___ Large 9.5–11.5 ___ XL 12+ ___

Women Small/Med 6–8 ___ Large 8.5–10.5 ___ EL 11–13 ___

ROUTE CHOICE:

Miles (circle one): 19 27 53 70 98*

Adult Fee (pre-registration) \$50 _____ Paid

Day of \$60 _____ Paid

Additional meal tickets:

Belgian Waffle Breakfast \$7 x _____ = _____ Paid

I want to help people live.

Here's my additional donation of: _____ Paid

Total: _____ Paid

How did you learn about the Courage Ride? _____

We will accept cash, credit card and checks made payable to: The Courage Ride

Mail form to: The Courage Ride

PO Box 5764

Coralville, IA 52241

Or register online at www.courageride.org

*Routes may be changed as date approaches.

GET GOING!

Saturday, August 27

Registration and breakfast 6-10 a.m.,

Iowa Mennonite School

98 mile riders begin at 7 a.m.

70, 53, 27, 19 mile riders

Staggered start beginning 8 a.m.

**Breakfast, Lunch, Rest Stops with
Live Entertainment, Silent Auction 6 a.m.–4 p.m.**

AGREEMENT AND RELEASE OF LIABILITY

I acknowledge that bicycling involves known and unanticipated risks which could result in physical or emotional injury, paralysis or permanent disability, death, and property damage. I acknowledge that certain risks or dangers exist in this activity including but not limited to loss or damage of personal property, injury such as scrapes, cuts, bruises, broken bones and other bodily injuries, motor vehicles on the ride course, and acts of nature beyond the control of the organizers. I understand such risks simply cannot be eliminated, despite the use of safety equipment, without jeopardizing the essential qualities of the activity. I understand that I am responsible for my personal safety, my physical condition and the condition of my bicycle and equipment and that I am expected to wear a helmet.

In consideration of my participation in the Courage Ride, I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless the ride organizers, their members employees, volunteers, agents and sponsors from any and all claims, demands, or causes of action which are in any way connected with my participation in this event, arising from negligence. This release does not apply to claims arising from intentional conduct. I intend by my signature for this to be a complete and unconditional release of liability to the greatest event allowed by law.

I have read this agreement and release, understand it and voluntarily agree to accept its terms. I understand that I am giving up substantial legal rights.

Please note that alcohol use and smoking are strictly prohibited on school grounds.

Date: _____ Print Name: _____

Signature: _____