



Bicyclists of Iowa City

Bicyclists of Iowa City Ride Sign-Up Sheet

<http://www.bicyclistsofiowacity.org>

AGREEMENT AND RELEASE OF LIABILITY

I understand that bicycling involves potentially hazardous activity that may result in property damage, personal injury and death. I voluntarily choose to participate and assume the risks thereof. I understand that I am responsible for my personal safety, my physical condition and the condition of my equipment, and that I am **expected to wear a helmet**. In consideration of my participation in this bicycle ride sponsored by the Bicyclists of Iowa City, I, for myself, spouse, heirs, personal representatives, and next of kin, do waive and release Bicyclists of Iowa City, its members, agents and sponsors from all claims of any kind that I may have or that may accrue in the future arising out of or relating in any way to my participation in the event. I intend by my signature for this to be a complete and unconditional release of liability to the greatest extent allowable by law.

I HAVE READ THIS AGREEMENT AND RELEASE, UNDERSTAND IT AND VOLUNTARILY AGREE TO AND ACCEPT ITS TERMS. I UNDERSTAND THAT I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS.

Details of Today's Ride

Date:	Time:	Class:
From:	To:	Distance:
Ride Leader Name:		Ride Leader Cell Phone:

Liability Release Signature	Printed Name	Your Cell Phone Number
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Liability Release BIC Rides – **Revised 7-1-2011**. Send sheet back to: Todd Erickson

PO Box 1444, Cedar Rapids, IA 52406 or email as an attachment to bicyclistsofiowacity@gmail.com