



Bicyclists of Iowa City

July 2011 Ride Schedule

Ride Classification System (Flatter = Faster)		
Class A	Advanced, 45 to 100 miles	15-20+ mph
Class B	Intermediate, 25 to 65 mi.	12-17 mph
Class C	Casual, 15 to 40 miles	10-15 mph

All riders must wear helmets to be considered part of the BIC ride. **UPDATED 07/26**

Call the ride leader for ride cancellations in the event of questionable weather or check <http://www.bicyclistsofiowacity.org/Rides.html> for ride cancellations or alterations at least 12 hours before ride start time, or contact Todd Erickson at 270-4969, e-mail: txerickson@yahoo.com. Rides yet without a volunteer ride leader show the ride leader as "Rider's Choice". To volunteer as the ride leader please contact Todd Erickson. Check for printable pdf maps at <http://www.bicyclistsofiowacity.org/Routes-Maps.html>.

<u>DATE & CLASS</u>	<u>TIME</u>	<u>MEET AT</u>	<u>MILES</u>	<u>RIDE LEADER</u>	<u>DESTINATION(S)</u>
SAT Jul 2 Class C	12:00 PM	Solon High School, Solon	43	Todd Erickson 270-4969	Shueyville, Cedar Rapids, Ely

Description: The Triple S (Solon – Shueyville – Shack): Route will be from Solon to Ely then Shueyville. From Shueyville then to Cedar Rapids then return through Ely to Solon. Joint ride with HBA from Ely to Shueyville and to Cedar Rapids. To be clear, this is a relaxed social ride as far as stops are concerned. Expect relatively long stops in Ely at Odie's, Shueyville at Chappy's Dry Dock and Cedar Rapids at The Shack (along the Cedar River with an outdoor patio on the bluff). Route updated since newsletter to have an indirect route from Solon to Ely of 14 miles rather than 7 on a direct route. Updated distance is similar to HBA's 16 miles to Ely and with a noon start should both arrive to Ely around the same time.

Online Map: <http://classic.mapmyride.com/ride/united-states/ia/solon/844130929234210176>

Map: <http://www.bicyclistsofiowacity.org/Maps/Solon-Shueyville-Shack-43mi.pdf>

SUN Jul 3 Class B	08:00 AM	North Dodge Hy-Vee, Iowa City	55, 64	Rider's Choice	Morse, Tipton, West Branch
-----------------------------	-------------	----------------------------------	--------	----------------	-------------------------------

Description: Cedar Bluff area loop - Today's route will be decided among the riders. The suggested route is to take Prairie du Chien and Newport road to Morse. East of Morse can make a long loop of Cedar Bluff, Tipton, Springdale and West Branch then return through Morse for a 64 mile ride. A shorter loop of just Cedar Bluff, Springdale and West Branch with a return through Morse would be 55 miles. Anybody who plans to ride is encouraged to bring along a map for riders who may show up and not be familiar the suggested route.

Online Map: <http://classic.mapmyride.com/ride/united-states/ia/iowa-city/429130940311115674>

Map: <http://www.bicyclistsofiowacity.org/Maps/IC-NDodge-Tipton-WBranch-loop-64mi.pdf>

Tipton detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Tipton-1.pdf>

July 2011 Ride Schedule continued

Mon Jul 4					
(#1) Class C	08:00 AM	Millstream Brewery, Amana	16	Steve Rudin 400-6814	South Amana, Amana
(#2) Class C	08:00 AM	Herky Street, North Liberty	34	Doug Kearns 626-9140	Amana
(#3) Class C	07:00 AM	West High School, Iowa City	50	Sharon Doak 361-8152	Oxford, Amana

Description: **Independence Day Bike Ride** – Annual ride to Amana for Breakfast at the Colony Inn. See July BIC Newsletter for details. Routes and start times should allow for everybody to get to Amana around 9:30

(#1) Millstream Brewery start: Amana Colonies Loop (16 miles)

Map: <http://www.bicyclistsofiowacity.org/Maps/Amana-Col-Loop-17-mi.pdf>

(#2) Herky Street start: Out and back to Amana (17 miles each way for total of 34 miles). Parking is at the far south end of Herky Street

Online Map: <http://classic.mapmyride.com/route/us/ia/north%20liberty/267130944997924212>

Map: <http://www.bicyclistsofiowacity.org/Maps/NLiberty-Amana-20mi.pdf>

(#3) West H.S. Start: Out and Back to Amana through Oxford to Amana (25 miles each way for total of 50 miles)

Online Map: <http://classic.mapmyride.com/ride/united-states/ia/iowa-city/802130940272286839>

Map: <http://www.bicyclistsofiowacity.org/Maps/IC-WestHS-Oxford-Amana-25mi.pdf>

Amana detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Amana-1.pdf>

Saturday July 9th RAGBRAI Training Ride from Davenport to Coralville

The SCHEELS Davenport to Coralville RAGBRAI Training Ride will take place Saturday, July 9. Sponsored by SCHEELS, this RAGBRAI Training Ride has been organized as a fundraiser for the Coralville and Davenport RAGBRAI Committees. The route will run reverse to the July 30 RAGBRAI route. Riders will begin at the dip site in Davenport and end at SCHEELS at Coral Ridge Mall in Coralville, traveling through the towns (listed in order) of Walcott, Durant, Wilton, Moscow, Rochester, Springdale, West Branch, and Iowa City. Riders should be ready to depart from Davenport by 8:00 am on Saturday, July 9.

The \$25 registration fee includes the choice of Coralville or Davenport official RAGBRAI T-Shirt; pancake breakfast (beginning at 6:30 am; location to be determined); water/energy bar/fruit snacks along the route; emergency bike repair/SAG Wagon Service (if needed); route end refreshments at SCHEELS (until 6:00 pm).

This ride is not a BIC sponsored ride, but there may be some interest among BIC rider's willing to make the early trip to Davenport. My understanding is there were about 2,000 riders on the previously held event from Mount Pleasant to Coralville. The organizers will not be providing a shuttle to Davenport. Check the links below or contact Karen Parrott for any further questions about this ride.

Link for additional information and registration form: <http://www.coralville.org/DocumentView.aspx?DID=873>

Coralville's RAGBRAI page: <http://www.coralvilleragbrai.org/>

Todd Erickson,
Touring Coordinator

July 2011 Ride Schedule continued

SAT Jul 9 Class B	08:00 AM	Weber Elementary, Iowa City	54	Rick Walton 354-8090	Oxford, Tiffin, Cosgrove
-----------------------------	-------------	--------------------------------	----	-------------------------	--------------------------

Description: RAGBRAI® Training Ride series #3 - Today's route is an Oxford – Tiffin loop “plus”. Will take Black Diamond Rd through Windham then Black Hawk Ave north to Oxford. From Oxford continue north then east to loop through Tiffin then Cosgrove and return on Black Diamond Rd. Black Diamond Rd is fairly flat but the rest of the route has lots of rolling hills, especially on Black Hawk Ave and Cosgrove Rd.

Online Map: <http://classic.mapmyride.com/ride/united-states/ia/iowa-city/239127747224416584>

Map: <http://www.bicyclistsofiowacity.org/Maps/IC-Weber-Windham-Oxford-Tiffin-54mi.pdf>

Oxford detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Oxford-1.pdf>

Tiffin detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Tiffin-1.pdf>

SUN Jul 10 Class B	08:00 AM	Scott Park, Iowa City	56	Rider's Choice	Lone Tree, Nichols, West Liberty
------------------------------	-------------	--------------------------	----	----------------	-------------------------------------

Description: West Liberty – Lone Tree loop - Today's route will be decided among the riders. The suggested route is to take American Legion Rd then X14 to Lone Tree. Continue south then loop up through Nichols to West Liberty. From West liberty head west on 121st then up for about a 6 mile section on Hwy 6 before picking up American Legion Rd back to Scott Park. Anybody who plans to ride is encouraged to bring along a map for riders who may show up and not be familiar the suggested route.

Online Map: <http://classic.mapmyride.com/ride/united-states/ia/iowa-city/471128232187452988>

Map: <http://www.bicyclistsofiowacity.org/Maps/ScottPark-LoneTree-WLiberty-56mi.pdf>

West Liberty detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-WLiberty-1.pdf>

July 2011 Ride Schedule continued

SAT Jul 16 (#1) Class B	08:00 AM	North Liberty Community Center	40, 77	Joe Smith 627-2274	Amana, Blirstown, Norway
(#2) Class B	08:00 AM	North Liberty Community Center	64	Karen Parrot 337-6371	Amana, Marengo

(#1) Tour De Brew- This ride will leave from North Liberty to arrive in Amana before the official Tour De Brew start of 10:30 AM. Recommend making a pre tour stop at the Bakery, Smokehouse or Java Junction. Out and back to Amana is about 40 miles. The Tour de Brew loop of Amana and Blirstown is an additional 37. Registration for the Tour De Brew is at Millstream Brewery the day of the event. Last year was \$22 which included food, drinks, tee shirt and live music. Check <http://www.millstreambrewing.com/Events.html> for the latest information

Online Map: <http://classic.mapmyride.com/route/us/ia/north%20liberty/267130944997924212>

Map to Amana: <http://www.bicyclistsofiowacity.org/Maps/NLiberty-Amana-20mi.pdf>

Online Tour de Brew Map: <http://classic.mapmyride.com/ride/united-states/ia/amana/349127506834454133>

Tour de Brew Map: <http://www.bicyclistsofiowacity.org/Maps/Amana-Blaristown-Norway-loop-37miles.pdf>

Amana detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Amana-1.pdf>

(#2) RAGBRAI® Training Ride series #4- Today's route is from North Liberty Community Center through Amana to Marengo out and back for 64 miles. Rolling hills between North Liberty and Amana. Flat between Amana and Marengo. The first part of the route to Amana will be shared with the BIC Tour de Brew ride also starting at 8AM from the North Liberty Community Center

Online Map: <http://classic.mapmyride.com/route/us/ia/north%20liberty/885130297450963392>

Map: <http://www.bicyclistsofiowacity.org/Maps/NLiberty-Amana-Marengo-32mi.pdf>

Marengo detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Marengo-1.pdf>

SUN Jul 17 Class B	08:00 AM	Weber Elementary, Iowa City	57, 64	Rider's Choice	Windham, Parnell, Williamsburg
------------------------------	-------------	--------------------------------	--------	----------------	-----------------------------------

Description: Parnell – Williamsburg loop - Today's route will be decided among the riders. The suggested route is Route takes Black Diamond Rd to Parnell then head North on Hwy 149 to Williamsburg then loop back to Holbrook then return on Black Diamond Rd through Windham. The longer option is to head west out of Parnell on Hwy 149 then north on V66 to Williamsburg rather than directly north to Williamsburg from Parnell. Anybody who plans to ride is encouraged to bring along a map for riders who may show up and not be familiar the suggested route.

64 mile Map: <http://www.bicyclistsofiowacity.org/Maps/IC-Parnell-Williamsburg-from-Weber-64-mi.pdf>

Online 64 mile Map: <http://classic.mapmyride.com/ride/united-states/ia/iowa-city/570128110182560145>

Online 57 mile Map: <http://classic.mapmyride.com/ride/united-states/ia/iowa-city/809130826804590953>

Williamsburg detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Williamsburg-1.pdf>

July 2011 Ride Schedule Continued

SAT Jul 23 Class B	08:00 AM	Napoleon Park, Iowa City	35, 57	Sharon Doak 626-6834	Lone Tree, Nichols, West Liberty
------------------------------	-------------	-----------------------------	--------	-------------------------	-------------------------------------

Description: Lone Tree – West Liberty loop – Today's route is a Lone Tree loop. Both route options take Sand Rd and Wapsi Ave(X14) to Lone Tree. The shorter option from Lone Tree is to return on Sioux Ave to Sand Rd. The longer option is to head south then loop through Nichols to West Liberty.

35 mile Map: <http://www.bicyclistsofiowacity.org/Maps/IC-Lone-Tree-Loop-35-mi.pdf>

57 mile Map: <http://www.bicyclistsofiowacity.org/Maps/ICity-WLiberty-Nichols-LoneTree-57mi.pdf>

West Liberty detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-WLiberty-1.pdf>

SUN Jul 24 Class B	08:00 AM	Solon High School, Solon	47	Donna Hamm 400-4111	Ely, Cedar Rapids, Mt Ver- non, Sutliff
------------------------------	-------------	-----------------------------	----	------------------------	--

Description: Cedar Rapids – Mt Vernon loop - Today's route is a Solon to Czech Village to Mt Vernon loop. The route in to Cedar Rapids from Ely will use the newly extended Hoover Trail at Ely all the way into Czech Village. The chip-seal Bertram Rd connecting Otis Rd to Mt Vernon Rd has a few brief gravel sections left over from the 2008 flood damage. From Cedar Rapids take Mt Vernon Rd into Mt Vernon. Return to Solon on Lisbon Rd and Sutliff Rd

Map: <http://www.bicyclistsofiowacity.org/Maps/Solon-Cedar-Rapids-Loop-47-mi.pdf>

Cedar Rapids detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-CedarRapids-1.pdf>

SAT Jul 30 Class B	08:00 AM	College Green Park, Iowa City	43, 60	Rider's Choice	West Branch, Moscow, West Liberty
------------------------------	-------------	----------------------------------	--------	----------------	--------------------------------------

Description: Hitch a ride with RAGBRAI® loop - Today's route will be decided among the riders. The suggested route will follow the RAGBRAI riders on their route out of Coralville/Iowa City (it passes near College Green Park) to West Branch, Springdale and Moscow. This is your infrequent opportunity to ride on Herbert Hoover Highway when bicycles will outnumber cars. From Moscow say goodbye to RAGBRAI and loop back through Atalissa and West Liberty (Hwy 6 between Atalissa and West Liberty). Return to Iowa City on Sand Rd. The shorter route will depart the RAGBRAI route at Springdale and loop back through West Liberty and also return to Iowa City on Sand Rd. Printable maps will be posted to the BIC website Routes and Maps page prior to the start of RAGBRAI. Anybody who plans to ride is encouraged to bring along a map for riders who may show up and not be familiar the suggested route.

RAGBRAI route map (select Day 7): <http://ragbrai.com/data/2011/>

Map: <http://www.bicyclistsofiowacity.org/Maps/IC-WBranch-Moscow-WLiberty-Loop-60-mi.pdf>

60 mile Map: <http://www.mapmyride.com/routes/view/37814190/>

43 mile Map: <http://www.mapmyride.com/routes/view/37814692/>

West Liberty detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-WLiberty-1.pdf>

Iowa City detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-IowaCity-Central-1.pdf>

SUN Jul 31 Class B	08:00 AM	Napoleon Park, Iowa City	31,41,57	Rider's Choice	Hills, Frytown, Wellman
------------------------------	-------------	-----------------------------	----------	----------------	-------------------------

Description: Amish Country Loop - Today's route will be decided among the riders. An Amish loop to Frytown is the suggested 41 mile route. If cut it short and just ride the Sharon Center loop then that would be about 31 miles total. If tack on an out and back to Wellman after Frytown then that would be an additional 16 miles. Anybody who plans to ride is encouraged to bring along a map for riders who may show up and not be familiar the suggested route.

Map: <http://www.bicyclistsofiowacity.org/Maps/IC-Amish-Loop-fr-Napoleon-Pk-41mi.pdf>

Wellman detail Map: <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Wellman-1.pdf>