



July 2010 Ride Schedule

Ride Classification System (Flatter = Faster)

Class A	Advanced, 45 to 100 miles	15-20+ mph
Class B	Intermediate, 25 to 65 mi.	12-17 mph
Class C	Casual, 15 to 40 miles	10-15 mph

All riders must wear helmets
to be considered part of the BIC ride. **(UPDATED 07/22/2010)**

Check <http://www.bicyclistsofiowacity.org/Rides.html> for ride cancellations or alterations at least 12 hours before ride start time, or contact Todd Erickson at 270-4969, e-mail: txerickson@yahoo.com. Rides yet without a volunteer ride leader show the ride leader as "TBD". To volunteer as the ride leader please contact Todd Erickson. Printable PDF maps will be posted to <http://www.bicyclistsofiowacity.org/Routes-Maps.html> when available.

DATE & CLASS	TIME	MEET AT	MILES	RIDE LEADER	DESTINATION(S)
SAT July 3 Class C	8:00 AM	Scott Park, Iowa City	34	Rick Walton 354-8090	Lone Tree
Description: Ride out and back to Lone Tree. Route takes American Legion Rd out of Iowa City then Utah Ave and Wapsi Ave south to Lone Tree. Several options for pit stop in Lone Tree. Retrace route back to Scott Park.					
Online Map: Link updated to online map when available					
SUN July 4 (#1) Class C	8:00 AM	Millstream Brewery, Amana	16	Steve Rudin, 626-6369	Middle Amana, South Amana
(#2) Class C	8:00 AM	Herkey Street, North Liberty	34	Rick Walton 354-8090	Amana
(#3) Class B	7:00 AM	West H.S., Iowa City	55	Gretchen Holt 354-1386	Tiffin, Amana, Oxford
Description: Independence Day Bike Ride: Breakfast in Amana at the Colony Inn. See BIC Newsletter for details Millstream Brewery start: Amana Colonies Loop (16 miles) Herkey Street start: Out and back to Amana (17 miles each way) West H.S. start: Out to Amana via Tiffin (29 miles). Return via Oxford (26 miles) For the Herkey Street start, parking is at the far south end of Herkey Street.					
Online Maps: Link updated to online maps when available					

July 2010 Ride Schedule continued

SAT July 10 Class C	9:00 AM	Downtown Mt Vernon	32	TBD	Lisbon, Solon, Sutliff
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Description: Mount Vernon Heritage Days Bike Ride. Hosted by the Mt Vernon Heritage Days Committee. Riders will meet in downtown Mount Vernon outside Fran & Cherie's Skillet Café. This ride will go from Mount Vernon through Lisbon and south on the Sutliff Road toward Sutliff and on to Solon. From Solon, the ride returns on the same route. Sutliff Cider Company (a few miles south of Lisbon) opens at 11 AM and welcomes bike riders.

Online Map: <http://www.mapmyride.com/route/us/ia/solon/298127860131198512>

SUN July 11 Class B	8:00 AM	Herky Street, North Liberty	39	TBD	Tiffin, Cosgrove, Oxford
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Description: Tiffin - Cosgrove - Oxford Loop. You won't see many hills on RAGBRAI this year so take them in while you still can. Not too long a ride but plenty of ups and downs. Route goes through Tiffin and Cosgrove to Windham (Black Diamond Rd). From Windham take Black Hawk Rd to Oxford. From Oxford return on F28. Pit stop options in Tiffin and Oxford.

Map: <http://www.bicyclistsofiowacity.org/Maps/NLiberty-Oxford-Windham-Cosgrove-Tiffin-Loop-38-mi.pdf>

SAT July 17 (#1) Class B	8:00 AM	North Dodge Hy-Vee, Iowa City	33 or 46	TBD	Solon
(#2) Class A	9:00 AM	Herky Street, North Liberty	70	Nick Maddix 594-2857	Amana, Norway, Blairstown

Description:

(#1) Solon Beef Days Celebration. Route takes Prairie Du Chien Rd and Sugar Bottom Rd to Solon. Once in Solon if wish to add a few more miles riders can take a 13 mile loop of Ely Rd, 140th St/F12 and Sutliff Rd. Parade at 10:00 AM, beer tent, beef dinner and more in Solon. Rebecca Donovan has an open invite to stop by her house along the parade route to park bikes, hang out and enjoy kolaches, cherry smoothies and mint juleps. To return retrace on Sugar Bottom Rd and Prairie Du Chien Rd.

Online Map out-back to Solon:

<http://www.mapmyride.com/ride/united-states/ia/iowa-city/854127914412498773>

Online Map Solon-Solon loop: <http://www.mapmyride.com/ride/united-states/ia/solon/583127914257860965>

(#2) Tour de Brew hosted by Millstream Brewing Company. The Tour starts officially from the Millstream at 10:30 AM. Day of event registration is \$22.00 (T-shirt, beer, brat, beer, door prizes, beer, live music and beer all included!). From Herky Street ride out to Amana. The Tour de Brew route makes a 37 mile counter clockwise loop of Norway (brief stint on Hwy 151), Blairstown and Middle Amana. Return from Amana by retracing route back to Herky Street. Parking is at the south end of Herky Street.

Online Map out-back to Amana:

<http://www.mapmyride.com/ride/united-states/ia/north-liberty/982127928459928767>

Online Map Amana-Blairstown loop: <http://www.mapmyride.com/route/us/ia/amana/349127506834454133>

SUN July 18 Class B	8:00 AM	North Liberty Commu- nity Center	57	Todd Erickson 270-4969	Amana, Walford, Ely, Solon
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Description: Amana - Walford - Ely - Solon loop: Route takes Penn St/F28 to Amana then heads north to Walford (a few miles are on Hwy 151). From Walford head east past the Eastern Iowa Airport to Ely Rd. Complete the loop by heading south through Ely to Solon and return on Mehaffey Bridge Rd. Pit stop options in each town.

Online Map: <http://www.mapmyride.com/route/us/ia/north%20liberty/921127928668891047>

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SAT July 24 Class C	8:00 AM	West Branch Park Square, West Branch	40 or 47	Nick Maddix 594-2857	Springdale, Moscow, West Liberty
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Description: Moscow -West Liberty loop. Route heads east through Springdale and Rochester to Moscow. From Moscow head west to West Liberty with optional 7 mile extension to the scenic wetlands. Numerous pit stop options in West Liberty. From West Liberty head west then north through Downey to return to West Branch. Dine in West Liberty during the ride or West Branch at the end.

Printable Map: <http://www.bicyclistsofiowacity.org/Maps/WBranch-WLiberty-Moscow-Rochester-Loop-47-mi.pdf>

SUN July 25 Class B	8:00 AM	Napoleon Park, Iowa City	35	TBD	Lone Tree
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Description: Lone Tree loop: Route takes Sand Rd south with a brief stint on Hwy 22 before continuing a winding loop on Sioux Avenue to end up in Lone Tree. Return by heading north on Wapsi Ave then take 520th towards Hills then Sand Road back to the park. Pit stop options in Lone Tree.

Printable Map: <http://www.bicyclistsofiowacity.org/Maps/IC-Lone-Tree-Loop-35-mi.pdf>

SAT July 31 Class C	8:00 AM	Napoleon Park, Iowa City	41 or 31	TBD	Hills, Frytown
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Description: Amish Country Loop. Route takes Sand Rd to Hills. From Hills head west to Frytown. Loop back on Angle Rd to return west on 540th St past the Cheese Factory. Can make it 10 miles shorter if begin the loop back instead at Sharon Center (but will miss the cheese factory). Pit stop option in Hills. **Return on Oak Crest Hill Rd.**

Online Map: <http://www.mapmyride.com/ride/United-states/ia/iowa-city/122127972836258323>

Printable Map: Check <http://www.bicyclistsofiowacity.org/Routes-Maps.html> for availability of a .pdf version

SUN Aug 1 Class B	8:00 AM	City Park, Iowa City	27	TBD	North Liberty
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Description: Sugar Bottom loop. This route takes Foster Rd to the Waterworks Park trail. Then loops the reservoir by taking Linder Rd to Prairie Du Chien Rd, Newport Rd, Sugar Bottom Rd and on to North Liberty. Return from North Liberty on Dubuque street, picking up the adjacent trail near West Overlook Rd then retrace back through the Waterworks park and Foster Rd. Pit stop options in North Liberty. **Meet at the shelter adjacent to the Riverside Festival Stage.**

Online Map: <http://www.mapmyride.com/ride/United-states/ia/iowa-city/216127980056812498>

Printable Map: Check <http://www.bicyclistsofiowacity.org/Routes-Maps.html> for availability of a .pdf version