



September 2010 Ride Schedule

Ride Classification System (Flatter = Faster)		
Class A	Advanced, 45 to 100 miles	15-20+ mph
Class B	Intermediate, 25 to 65 mi.	12-17 mph
Class C	Casual, 15 to 40 miles	10-15 mph

All riders must wear helmets
to be considered part of the BIC ride. (Updated 09/23/2010)

Check <http://www.bicyclistsofiowacity.org/Rides.html> for ride cancellations or alterations at least 12 hours before ride start time, or contact Todd Erickson at 270-4969, e-mail: tzerickson@yahoo.com. Rides yet without a volunteer ride leader show the ride leader as "TBD". To volunteer as the ride leader please contact Todd Erickson. Printable maps will be posted to <http://www.bicyclistsofiowacity.org/Routes-Maps.html> when available.

DATE & CLASS	TIME	MEET AT	MILES	RIDE LEADER	DESTINATION(S)
SAT Sept 04 Class C	9:00 AM	Herky Street, North Liberty	38	Ross Johnson 330-9659	Oxford, Cosgrove, Tiffin
<p>Description: Tiffin - Cosgrove - Oxford Loop. Not too long a ride but plenty of ups and downs. Route goes through Tiffin and Cosgrove to Windham (Black Diamond Rd). From Windham take Black Hawk Rd to Oxford. From Oxford return on F28. Pit stop options in Tiffin and Oxford.</p> <p>Map: http://www.bicyclistsofiowacity.org/Maps/NLiberty-Oxford-Windham-Cosgrove-Tiffin-Loop-38-mi.pdf</p>					
SUN Sept 05 Class A	9:00 AM	Hills Elementary, Hills	70	Michael Malloy	Riverside, Washington, West Chester, Wellman
<p>Description: Route heads south out of Hills on Sand Rd then through Riverside to Washington. From Washington head west then north through West Chester to Wellman. Return to Hills through Frytown. An old map is listed here but a new map will be posted. Oak Crest Hill is closed as of mid August so will take Sand Rd instead. Route will also go into Washington before West Chester. If skip Washington the route is about 64 miles.</p> <p>Map: http://www.bicyclistsofiowacity.org/Maps/Hills-Washington-Wellman-Loop-70mi.pdf</p>					
SAT Sept 11 Class B	9:00 AM	North Liberty Commu- nity Center, North Li- berty	42	TBD	Swisher, Amana
<p>Description: Swisher – Amana Loop. Route takes 965 then Cou Falls Rd to Swisher. Then west on F12 to Hwy 151 then south to Amana. Return from Amana on 151, old Hwy 6 and F12 (Penn St). Recommend a stop at the Kava House in Swisher for coffee and a pastry. Numerous dining or pit stop options in Amana. The initial 5 miles on 965 can be relatively busy. Hwy 151 into and out of Amana can be busy as well but has a wide shoulder.</p> <p>Online Map: Link updated to online map when available</p>					
SUN Sept 12 Class B	9:00 AM	Weber Elementary, Iowa City	46	Rick Walton 354-8090	Windham, Oxford, Tiffin
<p>Description: Windham – Oxford – Tiffin Loop. Route heads out on Black Diamond Rd through Windham to Black Hawk Ave then heads north through Oxford to F12. South on James Ave to complete the loop through Tiffin and continue south to Iwv Rd. Take Iwv back into Iowa City and connect with Rohret Rd via trails near West High. Pit stop options available in Oxford and Tiffin.</p> <p>Online Map: Link updated to online map when available</p>					

September 2010 Ride Schedule continued

SAT Sept 18 Class C / A	9:00 AM	North Dodge St. Hy Vee, Iowa City	31 / 54	Gail Garwood 337-5593	Morse, Tipton, West Branch
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Description: Route heads out Prairie Du Chien and Newport Rd to Morse then south to West Branch. Longer Class A option after Morse to continue on to Tipton then Springdale before coming into West Branch. From West Branch both options return to Iowa City on Herbert Hoover Hwy then along Scott Blvd. Pit stop options in West Branch and Tipton

Online Map 31mi: <http://www.mapmyride.com/ride/united-states/ia/iowa-city/474128472957248235>

Online Map 53mi: <http://www.mapmyride.com/ride/united-states/ia/iowa-city/609128472932696931>

SUN Sept 19 Class B	9:00 AM	Napoleon Park, Iowa City	57	TBD	West Liberty, Lone Tree
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Description: West Liberty – Lone Tree loop. Route takes Sand Rd south then heads east to West Liberty. From West Liberty head south through Nichols and continue towards Conesville. Before Conesville head west and north to Lone Tree. Then return north on Wapsi Ave to Napoleon Park. Pit stop options in West Liberty and Lone Tree. For the first 3 miles on Hwy 70 south out of West Liberty average traffic can be relatively high.

Printable Map: <http://www.bicyclistsofiowacity.org/Maps/ICity-WLiberty-Nichols-LoneTree-57mi.pdf>

SAT Sept 25 Class C	9:00 AM	Napoleon Park, Iowa City	41 / 31	Show and Go ¹	Hills, Frytown, Sharon Center
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Description: Route heads south to Hills then west for an Amish country loop through Frytown and Sharon Center. Shorter option if loop just through Sharon Center. There may be construction / road closure on 540th St and Hwy 1 at the Cheese Factory. Recommend starting the “loop” part of the route on Bayertown Road so it is convenient to turn back if needed and just make a short loop through Sharon Center.

¹For the benefit of any riders unfamiliar with this route: If you plan on riding please print and bring along a map or two for others to use.

Printable Map: <http://www.bicyclistsofiowacity.org/Maps/IC-Amish-Loop-fr-Napoleon-Pk-41mi.pdf>

SUN Sept 26 Class B	3:00 PM	Sutliff Cider Company, Lisbon	36	Todd Erickson 270-4969	Mt. Vernon, Cedar Rap- ids, Marion
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Description: After the noon BIC Fall Picnic at Sutliff Cider shake off your legs with a ride to the Squaw Creek Park area of Marion. Route heads west out of Mt Vernon to Cedar Rapids then takes Squaw Ridge Rd to the west side of Squaw Creek Park. From the park take Marion Bypass east to Secrist Rd (2 mile section on the Marion Bypass / Hwy 100 is a divided 4 lane road with wide shoulders). Return on Secrist Rd and X20 through Mt Vernon back to Sutliff Cider

Online Map Preview: <http://www.mapmyride.com/ride/united-states/ia/lisbon/580128524609196768>