



## August 2010 Ride Schedule

Ride Classification System (Flatter = Faster)		
<b>Class A</b>	Advanced, 45 to 100 miles	15-20+ mph
<b>Class B</b>	Intermediate, 25 to 65 mi.	12-17 mph
<b>Class C</b>	Casual, 15 to 40 miles	10-15 mph

All riders must wear helmets to be considered part of the BIC ride. (Updated 08/20/2010)

Check <http://www.bicyclistsofiowacity.org/Rides.html> for ride cancellations or alterations at least 12 hours before ride start time, or contact Todd Erickson at 270-4969, e-mail: [txerickson@yahoo.com](mailto:txerickson@yahoo.com). Rides yet without a volunteer ride leader show the ride leader as "TBD". To volunteer as the ride leader please contact Todd Erickson. Printable maps will be posted to <http://www.bicyclistsofiowacity.org/Routes-Maps.html> when available.

DATE & CLASS	TIME	MEET AT	MILES	RIDE LEADER	DESTINATION(S)
<b>SAT August 7</b> Class C	8:00 AM	West Branch Park Square, West Branch	40	Nick Maddix 594-2897	Downey, Iowa City, Morse
<p><b>Description:</b> Today's route heads south to make a loop of Downey, Iowa City and Morse. Will come into Iowa City on American Legion Rd and follow Scott Blvd to Dodge St. Then on to Prairie Du Chien Rd and Newport Rd to Morse. Stick around after the ride for lunch and enjoy the Hoover Fest. Also in West Branch the Iowa Road Race State Championships bicycle races will be going on in the morning to early afternoon. The course is the 27 mile Cedar Bluff – Cedar Valley – Springdale loop. So on the way back from Morse you may see groups of racers heading north out of West Branch.</p> <p><b>Online Map:</b> <a href="http://www.mapmyride.com/ride/usa/ia/iowa-city/684127329473362882">http://www.mapmyride.com/ride/usa/ia/iowa-city/684127329473362882</a></p> <p><b>Printable Map:</b> BIC Routes and Maps page "Iowa City – Morse – West Branch – Downey Loop" (West Branch Start)</p>					
<b>SUN August 8</b> Class B	8:00 AM	Weber Elementary, Iowa City	64	TBD	Parnell, Williamsburg, Windham
<p><b>Description:</b> "Bridge Inspection Ride". Black Diamond Rd is now open again at the bridge over Old Man's Creek, so let's check it out! Route takes Black Diamond Rd to Parnell then heads west and north to Williamsburg then loops back to Black Diamond Rd at Holbrook. Return on Black Diamond Rd through Windham.</p> <p><b>Online Map:</b> <a href="http://www.mapmyride.com/route/us/ia/iowa%20city/570128110182560145">http://www.mapmyride.com/route/us/ia/iowa%20city/570128110182560145</a></p> <p><b>Printable Map:</b> BIC Routes and Maps page "Iowa City – Parnell – Williamsburg – Windham"</p>					
<b>SAT August 14</b> Class C	9:00 AM	Solon H.S., Solon	47	Donna Hamm	Ely, Cedar Rapids, Shueyville, Sutliff
<p><b>Description:</b> (** Linn County road construction on Sutliff Rd south of Lisbon forced a route change and will not go to Lisbon for Sauerkraut Days). This route takes Ely Rd and Trail to "The Shack" in Cedar Rapids. Then south to Shueyville to "The Secret Cellar". Then head east and follow F12 and Ely Rd all the way out to Sutliff. From Sutliff return to Solon on Sutliff Rd. Route forms an irregular figure eight.</p> <p><b>Online Map:</b> <a href="http://www.mapmyride.com/ride/usa/ia/solon/881128163410557814">http://www.mapmyride.com/ride/usa/ia/solon/881128163410557814</a></p>					
<b>SUN August 15</b> Class B	2:00 PM	Iowa City Public Library	30 approx	Todd Erickson 270-4969	Iowa City, North Liberty, Coralville
<p><b>Description:</b> Ice Cream Sampler Tour. This ride has three destinations planned: Heyns Ice Cream in Iowa City then to Liberty Cones in North Liberty and Capanna Coffee &amp; Gelato in Coralville. Start and finish in downtown Iowa City at the Public Library on the Ped Mall. Route will follow various urban trails wherever possible otherwise will be on urban roads.</p> <p><b>Online Map:</b> <a href="http://www.mapmyride.com/ride/usa/ia/iowa%20city/187128189633860778">http://www.mapmyride.com/ride/usa/ia/iowa%20city/187128189633860778</a></p>					

## August 2010 Ride Schedule continued (Updated 08/20/2010)

<b>SAT August 21</b> (#1) Class C	8:00 AM	North Liberty Commu- nity Center	44	TBD	Amana, Middle Amana
(#2) Class A	2:00 PM	Roadies, North Liberty	100	Todd Erickson 270-4969	Tipton, West Liberty, Lone Tree, Iowa City

**(#1)Description:** Check out the second annual celebration showcasing the 1928-1931 Model-A Ford at Model-A day in Middle Amana. The route will take F28 and Hwy 6 to Amana then continue on to Middle Amana. If 220<sup>th</sup> Trail (Hwy 220) is busy riders can ride along side Hwy 220 on the Amana Trail in to Middle Amana. Retrace route back. Grab a lunch at the Rose & Thorn in Middle Amana or various spots in Amana.

**Online Map:** <http://www.mapmyride.com/route/us/ia/north%20liberty/714128231664083524>

**(#2)Description:** "Midnight Century" – Johnson County style. Route takes Sugar Bottom Rd to Morse then makes a big loop of Tipton, West Liberty and Lone Tree. Riders will return on Sand Rd to Iowa City then urban roads and trails to North Liberty. This ride will finish after midnight. Headlights and tail lights REQUIRED. Expect to ride at least four hours after dark. Dinner stop in West Liberty, about 50 miles into the ride.

**Online Map:** <http://www.mapmyride.com/route/us/ia/north%20liberty/142127705671122426>

<b>SUN August 22</b> Class B	8:00 AM	Scott Park, Iowa City	56	TBD	Lone Tree, Nichols, West Liberty
---------------------------------	------------	-----------------------	----	-----	-------------------------------------

**Description:** Today's route heads south on American Legion Rd and X14 to Lone Tree. From Lone Tree will continue south then east to pick up Hwy 70 and head north through Nichols to West Liberty. From West Liberty complete the loop by returning to Scott Park on American Legion Rd. Devoe St (X14) in Lone Tree may be closed to through traffic between Commercial and Elm. A detour in town is well marked. Pit stop options available in all towns

**Online Map:** <http://www.mapmyride.com/route/us/ia/iowa%20city/471128232187452988>

<b>SAT August 28</b>	7:00 AM	Iowa Mennonite School, Kalona	Various	N/A	Frytown, Sharon Center, North English, Wellman
----------------------	------------	----------------------------------	---------	-----	---

**Description: THE COURAGE RIDE.** Join us to ride in support of cancer research while enjoying the scenic roads of Amish Country. Registration from 6-10 AM at the Iowa Mennonite School. Various routes (19, 27, 53, 70 and 98 miles). 98 mile route starts at 7:00 AM, all others start at 8:00 AM. Lunch provided at North English or IMS. Further details including on line registration at <http://www.courageride.org>

**Online Maps:** Previews of the routes available at <http://www.courageride.org>. Printed maps available day of ride.

<b>SUN August 29</b> Class B	8:00 AM	Weber Elementary, Iowa City	48	TBD	Frytown, Wellman, Windham
---------------------------------	------------	--------------------------------	----	-----	------------------------------

**Description:** Today's route takes Black Diamond Rd to Windham then south through Frytown and on to Wellman. DJ's Casual Café in Wellman is open until 2 pm if need to grab a bite to eat. Retrace route back. Option to stop at Black Diamond Tap on return trip.

**Online Map:** Link updated to online map when available