



OCTOBER 2011

# THE BICYCLE POST

BICYCLISTS OF IOWA CITY  
SERVING JOHNSON COUNTY BICYCLISTS SINCE 1976

## BIC GENERAL MEETING & ELECTIONS IN OCTOBER

Mark your calendar for the BIC election of officers and a special presentation by Tom Ray and Kathy Sharp on **Tuesday, October 25**, starting at 6:30 pm. **The restaurant location will be Blackstone's (503 Westbury Dr., Iowa City).** We will gather from 6:30 to 7:00 in the Chicago Room at which time BIC will provide appetizers. Orders for the evening meal will be taken at 7:00. There will be a selection of 4 hot sandwiches to choose from and a salad. Vegetarian guests will have 2 dinner salads to choose from. The meal will cost \$12.70 including tax and tip. Beverages will be your choice and in addition to the meal.

The presentation is "Cycle Oregon 23: The Round-Up Ride" (September 11-18, 2011) that went through NE Oregon and SE Washington, affectionately called the Wallowas (Oregon) and the Palouse (Washington) and home of the Nez Pierce "Chief Joseph". The ride included the 100th Pendleton (Oregon) Round-Up- The Granddaddy of all rodeos - hence the name.

This year's ad hoc nominating committee is chaired by Mark Stinski, along with committee members Rebecca Donovan and Steve Rudin. The committee submits the following list of names as candidates for the 2011-2012 BIC executive board:

- President: Nate Van Der Weide
- Co-Vice Presidents: Donna Hamm & Anne Duggan
- Treasurer: Todd Stewart
- Secretary: Rick Walton

BIC members are also encouraged to make nominations from the floor.

In addition to these elected positions, *appointed* board positions include Publicist, Membership, RAGBRAI Coordinator, Touring Coordinator, Wednesday Evening ride coordinator, Thursday Leisure ride coordinator, the Courage Ride BIC Representatives, BIC Post editor, Education & Safety Advocate, and Special Events Coordinator.



## Thank You from the Bailey's

*Dear BIC,*

*Thank you so much for all your support these many years for the Courage Ride. It would not be possible to have this event without your involvement!*

*We don't have any official count yet, but guessing we made between \$25,000—\$30,000 and we had over 350 riders.*

*Thank you for making this possible.*

*Tom and Jackie Bailey*

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### Tuesday Morning Rides

The 2011 Tuesday rides continue through October 25 (weather permitting).

**All rides begin at 9:00 AM.** These are intermediate rides usually 30 – 45 miles in length at an average of about 12 mph.

The starting point for the last month (October) of Tuesday morning rides is the Iowa City Waterworks Park.

Thank you to Mark Heffron for coordinating the season's Tuesday morning rides and to all the different ride leaders!

Nov/Dec 2011 deadline for submission to [skdoak@yahoo.com](mailto:skdoak@yahoo.com) is Oct. 15, 2011.

## Wapsipinicon River Valley Fall Foliage Ride



**Date:** Saturday, October 15

**Time:** 12:00 Noon

**Ride Start:** Wapsipinicon Park, Anamosa

**Meet at:** The pedestrian bridge at the Wapsipinicon Park entrance.

**Ride Leader:** Todd Erickson

**Route distance(s):** 35 miles plus longer options

The hills are alive with the sound of music. Oops, wrong map. Join me for a ride in the colorful change of seasons from Wapsipinicon State Park to Waubeek, Whittier and Stone City. There is 8 mile longer route option to Central City. Terrain is almost entirely long rolling hills, but with plenty of scenic views. Along the route I plan to make a long stop in Waubeek for lunch at F.B. & Co along the river and Stone City at the General Store Pub (also along the river). Back in Anamosa there are plenty of options for later in the afternoon and evening: visit the Daly Creek Winery-Bistro, stop by the local watering holes, or tour the National Motorcycle Museum. Within Wapsipinicon State park, you can ride the park road, explore ice caves, hike trails or take in a round of golf.

For those who may be interested, I will also be camping overnight to do another ride Sunday morning. Will get a breakfast at the Anamosa Family Restaurant then head out for a ride in the 50 mile range to Monticello and Prairieburg or Wyoming and Monmouth.

Campground reservation cost is \$10 total (\$6 per night for the tent campsite spot, \$4 for online registration service fee). Oct 15 is the last day of peak season. There are three "tent only" campsites near the Boy Scout Lodge and Golf Course Clubhouse off of the upper park road. I will have one of them reserved for myself. This is about the time for water to be shut off in Iowa State parks but the exact weekend varies year to year and among locations. You may want to bring a sun shower, extra water for showering and maybe a pot for heating water.

**Directions from the west end of Iowa City starting from I-80 Exit 239-B north on to I-380:** Go north on I-380 for about 16.4 miles. At exit 16-A to Mt Vernon take Hwy 30/ Hwy 151 east for about 7 miles. At exit 259 to Marion take Hwy 13/Hwy 151 north for about 8 miles. At the intersection with Business 151 turn right towards Springville and stay on Hwy 151 east for about another 11.5 miles. At exit 49 turn right on to Hwy 1 and proceed north passing under Hwy 151. At this point Hwy 1 ends and becomes County Rd E34. Continue north on E34 for another 3.4 miles. The park entrance is on the right at the bottom of a long hill, just before crossing the Wapsipinicon River. At the entrance there is a boat ramp and also a pedestrian bridge. Take the lower park road fork to the left and after about ¼ mile there is a pair of parking lots along the river.

**Directions from the east end of Iowa City starting from where Hwy 1 crosses I-80:** Go north on Hwy 1 for about 30 miles through Solon and Mt Vernon to the interchange with Hwy 151. Continue on Hwy 1 passing under Hwy 151. At this point Hwy 1 ends and becomes County Rd E34. Continue north on E34 for another 3.4 miles. The park entrance is on

the right at the bottom of a long hill, just before crossing the Wapsipinicon River. At the entrance there is a boat ramp and also a pedestrian bridge. Take the lower park road fork to the left and after about ¼ mile there is a pair of parking lots along the river.

**Wapsipinicon Park Map:** [http://www.iowadnr.gov/portals/idnr/uploads/parks/maps\\_pictures/wapsimap.pdf](http://www.iowadnr.gov/portals/idnr/uploads/parks/maps_pictures/wapsimap.pdf)

**Campground Map:** <http://www.iowadnr.gov/portals/idnr/uploads/parks/campgroundmaps/WapsipiniconCG.pdf>

**Park Reservations:** <http://www.iowadnr.gov/Destinations/StateParksRecAreas/lowasStateParks.aspx>

**35 mile Online Route Map:** <http://classic.mapmyride.com/route/us/ia/anamosa/159131292208659482>

No RSVP needed. This ride may be cancelled due to inclement weather. Contact me at [txerickson@yahoo.com](mailto:txerickson@yahoo.com) or 319-270-4969 if you have any questions. Check the October Ride Schedule posted to the BIC Website for links and updates to route maps.

Todd Erickson

## Cedar Ridge Vineyards Brunch Ride

**Date:** Sunday, October 30

**Time:** 10:00 AM

**Ride Start:** Castek Park, Swisher

**Ride Leader:** Jan Stewart

**Route distance(s):** 27 miles

**RSVP by:** Friday, October 14 to Todd Erickson

This year's season ending ride will start and finish at Castek Park in Swisher. We will ride a loop of Walford, pass by the Eastern Iowa Airport and return to Swisher for brunch at Cedar Ridge Vineyards at Noon. After brunch it is a short 5 miles to complete the trip back to the park down 965 then up Cou Falls Rd. Anybody wishing to bike out there could ride earlier from North Liberty and go up 965. Then can return the same way afterwards or take longer routes back through Solon or even Amana and make a longer day of riding. Cedar Ridge has a brunch 9 AM - 1PM (Cost \$15) plus a small plate menu and wood fired pizzas. Full menu at <http://www.crwine.com/menu.php>.

**Directions to Castek Park:**

**From IA 965** north out of North Liberty for about 8 miles. Turn Left on 120<sup>th</sup> St [F12] for 0.8 miles. Turn right on Summit Ave, the first cross street in Swisher (there is a set large blue signs for American Legion, Kava House to the left and The City Park to the right). The park is 2 blocks north on B Street.

**From I-380** north to exit 10 for Swisher/Shueyville. Turn left on F12 for 1.3 miles crossing IA 965. Turn right on Summit Ave, the first cross street in Swisher (there is a set large blue signs for American Legion, Kava House to the left and The City Park to the right). The park is 2 blocks north on B Street.

**Please RSVP** by Thursday, October 14 to Todd Erickson at [txerickson@yahoo.com](mailto:txerickson@yahoo.com) or 319-270-4969. There is limited indoor seating and available spots for a group our size typically fills up fast. This ride may be cancelled due to inclement weather but we can still meet at the winery at 12:00 Noon for brunch. Cedar Ridge Winery is on Marak Rd, just off Hwy 965 about 1 mile south of F12. Check the October Ride Schedule posted to the BIC Website for updates to route maps. As the date approaches for ride day questions, contact Jan at [janbike56@gmail.com](mailto:janbike56@gmail.com) or 319-530-2396.



# October 2011 Ride Schedule

Ride Classification System (Flatter = Faster)		
<b>Class A</b>	Advanced, 45 to 100 miles	15-20+ mph
<b>Class B</b>	Intermediate, 25 to 65 mi.	12-17 mph
<b>Class C</b>	Casual, 15 to 40 miles	10-15 mph

All riders must wear helmets to be considered part of the BIC ride.

Call the ride leader for ride cancellations in the event of questionable weather or check <http://www.bicyclistsofiowacity.org/Rides.html> for ride cancellations or alterations at least 12 hours before ride start time, or contact Todd Erickson at 270-4969, e-mail: [txerickson@yahoo.com](mailto:txerickson@yahoo.com). Rides yet without a volunteer ride leader show the ride leader as "Riders Choice". To volunteer as the ride leader please contact Todd Erickson. For the latest updates to maps linked within this schedule check this schedule on the BIC website monthly ride page ride at <http://www.bicyclistsofiowacity.org/Monthly-Ride-Schedule.html>. All other maps are at <http://www.bicyclistsofiowacity.org/Routes-Maps.html>

<u>DATE &amp; CLASS</u>	<u>TIME</u>	<u>MEET AT</u>	<u>MILES</u>	<u>RIDE LEADER</u>	<u>DESTINATION(S)</u>
<b>SAT Oct 01</b> Class B	11:30 AM	Sugar Bottom Bikes, North Liberty	30	Riders Choice	Tiffin, Oxford

**Description: Biketoberfest** - Today's route will be decided among the riders. The suggested route is to join Team Sugar Bottom & The Regulators on the 1<sup>st</sup> Annual Biketoberfest Poker Ride. Heads up, this will be a social ride. The route is basically the Oxford – Tiffin loop with poker stops at Roadies North Liberty, Slim's in Tiffin, Old Roy's in Oxford and North Liberty Field House (formerly DC's) in North Liberty. Route maps will be handed out at Sugar Bottom Bikes. Additional parking across the street at Penn Meadows Park.



**BIC Map:** [http://www.bicyclistsofiowacity.org/Maps/NLiberty\\_Oxford\\_Tiffin\\_Loop\\_26mi.pdf](http://www.bicyclistsofiowacity.org/Maps/NLiberty_Oxford_Tiffin_Loop_26mi.pdf)

**Tiffin City Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Tiffin-1.pdf>

**Oxford City Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Oxford-1.pdf>

<b>SUN Oct 02</b> Class B	10:00 AM	Napoleon Park, Iowa City	Various	Riders Choice	Riders Choice
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**Description: Riders Choice** - Today's route will be decided among the riders. Anybody who plans to ride and has a route in mind is encouraged to bring along a map for riders who may show up and not be familiar with your intended route. The park's location should give a number of route options to West Liberty, Lone Tree, Riverside or Amish country. Note that 540<sup>th</sup> St in front of the Cheese Factory is probably still closed, can probably detour by walking bikes along a ditch before getting to the Cheese Factory parking lot to cross Hwy 1.

**Lone Tree loops:** <http://www.bicyclistsofiowacity.org/Maps/IC-Lone-Tree-Conesville-Nichols-50-mi.pdf>

**Riverside/Washington:** <http://www.bicyclistsofiowacity.org/Maps/IC-Hills-Washington-Riverside-64mi.pdf>

**Amish loops/ Wellman:** <http://www.bicyclistsofiowacity.org/Maps/IC-Wellman-fr-Napoleon-Pk-57mi.pdf>

<b>SAT Oct 08</b> Class B	12:00 AM	Roadies North Liberty, 720 Pacha Pkwy	25	Riders Choice	Iowa City, Coralville
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**Description: MelonHead Trail Ride** - Today's route will be decided among the riders. The suggested route is to join team MelonHead for the MelonHead Trail Ride. Heads up, this will be a social ride. The route will be to take DuBuque St and adjacent trail to the Waterworks Park, through the dog park across the river to Tailgaters. Then mostly trails to Old Capitol Brew Works. Then Mormon Trek to trail through Coral Ridge Mall, under I-80 to Quinton's. Then trail (and detours) back to Roadies. I will draw up and post map with an approximate route, but the MelonHeads should have some directions at the ride start. More details on the bikeiowa.com ride calendar.

## October 2011 Ride Schedule Continued

<b>SUN Oct 09</b> Class B	10:00 AM	Scott Park, Iowa City	34, 56	Rick Walton 354-8090	Lone Tree
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**Description: Lone Tree** – The 34 mile route is an out and back to Lone Tree. Route takes American Legion Rd out of Iowa City then Utah Ave and Wapsi Ave south to Lone Tree. Several options for pit stop in Lone Tree. Retrace route back to Scott Park. 56 mile option continues south out of Lone Tree to make a loop of Nichols and West Liberty.

**34 mile BIC Map:** <http://www.bicyclistsofiowacity.org/Maps/ScottPark-LoneTree-WLiberty-56mi.pdf>

**56 mile BIC Map:** <http://www.bicyclistsofiowacity.org/Maps/ScottPark-LoneTree-WLiberty-56mi.pdf>

**Iowa City Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-IowaCity-East-1.pdf>

**Lone Tree Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-LoneTree-1.pdf>

**West Liberty Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-WLiberty-1.pdf>

<b>SAT Oct 15</b> Class B	12:00 PM	Wapsipinicon State Park, Anamosa	35	Todd Erickson 270-4969	Waubeek, Stone City
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**Description: Wapsipinicon River Valley Fall Foliage** – Route from Wapsipinicon State Park to Waubeek, Whittier and Stone City. 8 mile longer route option to Central City. Terrain is mostly long rolling hills, similar to roads on the West Branch – Cedar Valley loop. I plan to make generously long stops in Waubeek at F B & Co along the river and Stone City at The General Store Pub (also along the river). Back in Anamosa there are plenty of options for later in the day: visit the Daly Creek Winery-Bistro, ride through the Wapsipinicon State Park, explore the ice caves, golf, or visit the National Motorcycle Museum. I will be camping overnight at the park and doing another ride Sunday morning. See October newsletter for details.



**Meet at:** The pedestrian bridge at the Wapsipinicon Park entrance.

**Wapsipinicon Park Map:** [http://www.iowadnr.gov/portals/idnr/uploads/parks/maps\\_pictures/wapsimap.pdf](http://www.iowadnr.gov/portals/idnr/uploads/parks/maps_pictures/wapsimap.pdf)

**Campground Map:** <http://www.iowadnr.gov/portals/idnr/uploads/parks/campgroundmaps/WapsipiniconCG.pdf>

**Park Reservations:** <http://www.iowadnr.gov/Destinations/StateParksRecAreas/IowasStateParks.aspx>

**35 mile Online Route Map:** <http://classic.mapmyride.com/route/us/ia/anamosa/159131292208659482>

**35 mile BIC Map:**

**Anamosa Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Anamosa-1.pdf>

**Stone City Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-StoneCity-1.pdf>

**Waubeek Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Waubeek-1.pdf>

**Central City Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-CentralCity-1.pdf>

Sunday option to Monticello and Prairieburg

**54 mile Online Route Map:** <http://classic.mapmyride.com/ride/united-states/ia/anamosa/939125514322498979>

Sunday option to Wyoming and Monmouth

**52 mile Online Route Map:** <http://classic.mapmyride.com/ride/united-states/ia/anamosa/399131353840667646>

# October 2011 Ride Schedule Continued

<b>SUN Oct 16</b> Class B	10:00 AM	College Green Park, Iowa City	Various	Riders Choice	Riders Choice
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**Description: Riders Choice** - Today's route will be decided among the riders. There are many options to the North (Sugar Bottom, Solon), East (West Branch, West Liberty), South (Lone Tree, Hills, Riverside) Anybody who plans to ride is encouraged to bring along a map for riders who may show up and not be familiar with the suggested route. The Brick Arch Winery on Main Street in West Branch is open 12 – 5PM.

**43 or 60 mile Map:** <http://www.bicyclistsofiowacity.org/Maps/IC-WBranch-Moscow-WLiberty-Loop-60-mi.pdf>

**West Branch Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-WBranch-1.pdf>

**West Liberty Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-WLiberty-1.pdf>

<b>SAT Oct 22</b> Class B	10:00 AM	Weber Elementary, Iowa City	47	Riders Choice	Windham, Frytown, Wellman
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**Description: Weber to Wellman** - Today's route will be decided among the riders. The suggested route is out and back to Wellman through Frytown. There is a new spot to check out in downtown Wellman, The Well, across from the old Chat & Chew (which seemed closed for a long time but is re-opened now). Anybody who plans to ride is encouraged to bring along a map for riders who may show up and not be familiar with the suggested route. On the way back make an optional stop at the Roadhouse in Windham (seems to have recently changed owners).

**Online Map:** <http://classic.mapmyride.com/ride/united-states/ia/iowa-city/920127377467436155>

**BIC Map:**

**Wellman City Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Wellman-1.pdf>

<b>SUN Oct 23</b> Class B	10:00 AM	North Liberty Commu- nity Center	Various	Riders Choice	Riders Choice
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**Description: Riders Choice** - Today's route will be decided among the riders. Several options to the east (Solon, Sutliff, Sugar Bottom) and west (Oxford, Tiffin, Amana). Anybody who plans to ride is encouraged to bring along a map for riders who may show up and not be familiar with the suggested route. Reds Alehouse has Sunday Brunch 9:30AM – 1PM which could be a nice way to finish off a 30'ish mile ride. Or ride longer and finish off with happy hour at 3!

**Amana Swisher Loop:** [http://www.bicyclistsofiowacity.org/Maps/NLiberty\\_Swisher\\_Amana\\_loop\\_41mi.pdf](http://www.bicyclistsofiowacity.org/Maps/NLiberty_Swisher_Amana_loop_41mi.pdf)

**Oxford Tiffin loop:** [http://www.bicyclistsofiowacity.org/Maps/NLiberty\\_Oxford\\_Tiffin\\_Loop\\_26mi.pdf](http://www.bicyclistsofiowacity.org/Maps/NLiberty_Oxford_Tiffin_Loop_26mi.pdf)

**Solon/Mt Vernon:** <http://www.bicyclistsofiowacity.org/Maps/NLiberty-Solon-MtVernon-23mi.pdf>

**Sugarbottom loop:** <http://www.bicyclistsofiowacity.org/Maps/Sugar-Bottom-Loop-23-mi.pdf>

<b>SAT Oct 29</b> Class B	09:00 AM	Solon High School, Solon	40 to 52	Todd Erickson 270-4969	Ely, Czech Village, Cedar Rapids
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**Description: The Londoner Ride** – Today's route is from Solon to orient adventuresome BIC riders to some relatively new points of interest in CR area. The Londoner (lunch destination), Smuggler's Wharf in Czech Village where The Bohemian used to be, and some not new geographic landmarks: the notorious Rosedale Road (downhill) and possibly Sac and Fox trail. Out and back through Czech village to the Londoner would be 40 miles. The full route including Sac and Fox trail would be about 52 miles. Hawkeyes have an away game at Minnesota and with a 9AM start we could catch the start of the game at the Londoner and the finish of the game in Czech Village.

**Online Map:** <http://classic.mapmyride.com/route/us/ia/solon/888131662617899746>

**BIC Map:**

**City Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-CedarRapids-1.pdf>

# October 2011 Ride Schedule Continued

<b>SUN Oct 30</b> Class B	10:00 AM	Castek Park, Swisher	27	Jan Stewart 530-2396	Walford, Cedar Rapids, Swisher
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**Description: Cedar Ridge Vineyards Brunch** – This year's season ending ride will start and finish at Castek Park in Swisher. We will ride a loop of Walford, pass by the Eastern Iowa Airport and return to Swisher for brunch at Cedar Ridge Vineyards at Noon. After brunch it is a short 5 miles to complete the trip back to the park down 965 then up Cou Falls Rd. Anybody wishing to bike out there could ride earlier from North Liberty and go up 965. Then can return the same way afterwards or take longer routes back through Solon or even Amana and make a longer day of riding. Cedar Ridge has a brunch 9 AM - 1PM (Cost \$15) plus a small plate menu and wood fired pizzas. Full menu at <http://www.crwine.com/menu.php>.



RSVP by Friday, October 14 to Todd Erickson at [tixerickson@yahoo.com](mailto:tixerickson@yahoo.com) or 319-270-4969.

**Directions to Castek Park:**

**From IA 965** north out of North Liberty for about 8 miles. Turn Left on 120<sup>th</sup> St [F12] for 0.8 miles. Turn right on Summit Ave, the first cross street in Swisher (there is a set large blue signs for American Legion, Kava House to the left and The City Park to the right). The park is 2 blocks north on B Street.

**From I-380** north to exit 10 for Swisher/Shueyville. Turn left on F12 for 1.3 miles crossing IA 965. Turn right on Summit Ave, the first cross street in Swisher (there is a set large blue signs for American Legion, Kava House to the left and The City Park to the right). The park is 2 blocks north on B Street.

**Online Map:** <http://classic.mapmyride.com/ride/united-states/ia/swisher/571131290249762741>

**Swisher Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Swisher-1.pdf>

**Walford Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Walford-1.pdf>

<b>SAT Nov 05</b> Class A	12:00 Noon	Capanna Coffee, North Liberty	100	Todd Erickson 270-4969	Tipton, West Liberty, Lone Tree, Iowa City
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**Description: Daylight Saving Time Evening Century II** – For this post season ride meet at Capanna Coffee in Penn Landing (same plaza as Roadie's). For a pre-ride meal before the start try Azul Tequila, also in the same plaza. Normally this would be a Midnight Century starting at 2 PM but because of the late sunset and cool weather this ride is starting earlier. Expect to finish the ride around 10 PM. There will be plenty of after-dark riding and plus we all get an extra hour of sleep that night. Lights and blinkies are required. Will probably need warmers and a light jacket for the cool evening and long fingered gloves. Check the overnight lows in the forecast before the ride and bring appropriate gear. Dinner stop will be in West Liberty (mile 50). Watering hole stops in Tipton, Lone Tree and Iowa City/Coralville. I will be riding a relaxed/moderate pace, about 15 mph avg, but I can't control those who will sprint ahead (if want to do that, please consult the route map beforehand!).

**BIC Map:**

[http://www.bicyclistsofiowacity.org/Maps/NLiberty\\_Tipton\\_WLiberty\\_LoneTree\\_100mi.pdf](http://www.bicyclistsofiowacity.org/Maps/NLiberty_Tipton_WLiberty_LoneTree_100mi.pdf)

**Tipton Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-Tipton-1.pdf>

**West Liberty Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-WLiberty-1.pdf>

**Lone Tree Detail:** <http://www.bicyclistsofiowacity.org/Maps/City-Detail-LoneTree-1.pdf>



## WRIGLEY FIELD ROAD TOUR

Would I personally pay \$300.00 to ride 100 miles from Chicago to Milwaukee?



**YOU BETCHA!** And so would 650 other bicyclists for the “Wrigley Field Road Tour” held on August 27<sup>th</sup>. The “Tour”, in its’ 2<sup>nd</sup> year, was the idea of Tom Ricketts, owner of the Chicago Cubs. The purpose of the ride was to raise awareness and provide funds to purchase bikes for kids in Africa as well as support Chicago Cubs charities. Over \$400,000 was raised this year in the one day bicycling event. The top fund raiser had almost \$18,000 in donations. The Iowa Boy (me) raised over \$3,000! A sincere thanks to those who contributed to this very worthy cause.

**About the ride** – We left at 8 a.m. from Wrigley Field riding through the concourse inside the ball park. Bicycling through numerous communities and residential areas on our way to Milwaukee, we had incredible up close views of the neighborhoods as well as gorgeous vistas of Lake Michigan.

The route was exceptionally well marked and thank goodness, as the cue sheets would have been a bear to follow with as many turns and road changes we needed to make to negotiate our way to Milwaukee. I was surprised how flat the route was, thinking we would experience hilly terrain as we entered Wisconsin. Not so, but the challenge of a NW wind averaging 20-30 mph for the entire century made up for having flat terrain.

A great lunch was served by Harry Caray’s Restaurant with a variety of sandwiches, salads and desserts readily available. A must item to try is their chicken curry wraps!

We took an extremely scenic route through Milwaukee heading to our final destination, Miller Park, home of the Milwaukee Brewers. Once arriving, we were greeted with complimentary beverages including Chicago’s finest - “Old Style” beer, complimentary t-shirts to wear into the Brewers/Cub baseball game, complimentary Palermo’s pizza which has its corporate headquarters, test kitchens, and warehouse by Miller Park, and free shuttles to the finest YMCA facility I have ever witnessed for showers prior to the game.



At the conclusion of the game, bikes in semis and bikers in luxury buses, we were transported back to Wrigley Field arriving just before midnight.

It was a GREAT day for a GREAT cause. Would I consider doing it again and recommend the ride to others? **YOU BETCHA!**

(Go to [www.worldbicyclerelief.org](http://www.worldbicyclerelief.org) to find out more about “the power of a bicycle” and this quality organization)

Bruce Johnson

BEJ91050@msn.com

## REMINDER!!

BIC’s Holiday party is on Friday, December 2, 2011, 7:00 pm, at Ms. Susan’s in North Liberty. More details will be in the Nov/Dec BIC Post.



## Bicyclists of Iowa City (BIC) Membership Application

BIC, founded in 1976, is a group of area bicyclists interested in all aspects of cycling. BIC is affiliated with The League of American Bicyclists, Adventure Cycling, Iowa Trails, and The Iowa Bicycle Coalition. Membership is open to everyone with an interest in responsible bicycling.

Date: \_\_\_\_\_  New

Name: \_\_\_\_\_

Address: new members or change of address:  
\_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

### Second Adult Name (for Family Memberships)

Name: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Additional Member Names: \_\_\_\_\_

### Membership Categories:

#### In Iowa

- Individual \$20/yr       Family \$25/yr  
 Optional charitable donation to help bicycling in the local area  
Donation amount: \_\_\_\_\_

#### Out of State

- Individual \$25/yr       Family \$30/yr

### Please read and sign below:

In submitting this application, I hereby make known that I will hold blameless in the case of accident, injury, or damage of any kind, BIC, its officers, members and volunteers. I recognize that bicycling is potentially dangerous, and I confirm that I am a competent cyclist with safe equipment. I understand that I participate in club activities at my own risk. I further recognize that safety is my personal responsibility and I agree to participate in keeping all BIC club rides safe. I agree to hold the club harmless and indemnify the club for all costs, judgments and awards that may be claimed, including the cost to defend such claims brought by you or another in your behalf, or that of others. **Helmets are required on all club rides.**

**\*Note - all adult family members must sign this waiver.**

\*Signature \_\_\_\_\_

\*Signature of 2nd Member \_\_\_\_\_

- Please mail the printed version of the BIC Post newsletter to my mailing address.

### Some of BIC's activities and interests include:

- Informative, fun club meetings and social gatherings.
- The **BICycle Post** Newsletter
- Group rides at a wide variety of skill levels, choices of multiple days of the week and weekend, including weekend overnight camping or motel rides.
- Extensive website of club activities and area/national bicycle resources <http://www.bicyclistsofiowacity.org>
- Promotion of responsible bicycling as an enjoyable form of transportation, recreation, and fitness.
- Strong, active advocates for municipal, regional, and state cycling issues
- Provide assistance to the **Old Capitol Criterium** Bicycle Race organizers at their annual spring race.
- Co-organizer for the annual **Courage Ride**. This event raises money for cancer research in the local community.
- Member discounts at local bicycle shops.
- Annual **RAGBRAI**® travel arrangements.

### BIC's success depends on your active support! Please indicate your interests as they relate to your BIC membership.

- Corner Marshall  
Corner Marshalls are responsible for protecting areas on a bike race course where pedestrians might cross. Typically, a 2-hour commitment is required.
- Ragbrai®  
I am interested in participating in RAGBRAI with BIC. Your BIC membership must be active on (or before) January 1 of the year you plan to participate.
- Courage Ride  
I am interested in volunteering for the Courage Ride. This is a cancer fund raiser to help cure cancer.
- Writing  
I am interested in writing an article(s) for the BIC newsletter.
- Advocacy  
I am interested in helping BIC with bicycling advocacy issues in Johnson County. You may be needed to attend a meeting or write a letter to a local politician. No speaking engagements required.

Send application and check/money order to:

**Bicyclists of Iowa City**  
P.O. Box 846  
Iowa City, Iowa 52242

Electronic registration is available on the BIC website.



Support your local bike shops!

**SHEELS.**



BICYCLISTS OF IOWA CITY  
SERVING JOHNSON COUNTY  
BICYCLISTS SINCE 1976

The BICycle Post  
PO Box 846  
Iowa City, IA 52242-0846

To continue receiving your BICycle Post, you must renew before your membership expires. Application form is inside or renew online by going to [www.bicyclistsofiowacity.org](http://www.bicyclistsofiowacity.org).

OCTOBER 2011

## BIC EXECUTIVE BOARD & EXECUTIVE COMMITTEE

### President

Nate Van der Weide  
319-430-9941  
[natev@comp-sol.com](mailto:natev@comp-sol.com)

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### Education & Safety Advocate

Bob Oppliger  
[boboppliger@q.com](mailto:boboppliger@q.com)

### The Courage Ride-BIC Representatives

Steve Rudin  
Todd Erickson  
Donna Hamm  
Mary Copper  
Jan Stewart

### Special Events Coordinator

Steve Rudin 626-6369  
[chaserudy@southslope.net](mailto:chaserudy@southslope.net)

## Important Message to BIC members: Sand Road Project



Residents along "Old" Sand Road between F62 and Hwy 22 have organized into The Sand Road Project to fight speeding and problems mainly caused by 18-wheel truck traffic on their stretch of the road.

The new section of north Sand Road—modernized, straightened and widened, with paved shoulders—funnels into old Sand Road south of the Hills 4-way stop signs. The older portion has no shoulders, no road markings and no posted speed limit. It is dangerous for anyone traveling at lower speeds: local farmers, children waiting for school buses, and bicyclists using the road.

Please join members of The Sand Road Project and other supporters at a meeting with the Johnson County Board of Supervisors on **Thursday, Oct. 13** at 5:30 pm in the Johnson County Administration Building, 913 S. Dubuque St., Iowa City. For further information, call Mickey Motyko, 351-6458.

